

# KIDDIE ACADEMY<sup>SM</sup>

## EDUCATIONAL CHILD CARE

Kiddie Academy of Lakewood Ranch

Menu Week of: 6-17-24	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Scrambled Egg Bacon Milk	Cereal Milk	French Toast Strawberry Milk	Waffles Milk	Cereal Milk
Lunch	Chicken Nuggets Peas Fresh Fruit Milk	Taco Fries w/ Tomatoes Mixed Fruit Milk	Shepherd Pie Green Beans Pears Milk	Turkey and cheese on crackers (Lunchable) Corn Peaches Milk	Chicken Patty Sandwich Mixed Vegetables Fresh Fruit Milk
PM Snack	Goldfish Fruit	Graham Crackers Water	Cheez-It Water	Ritz with Cheese Water	Vanilla Wafers Fruit

All Juice is 100 % fruit.

Milk- Fat Free or 2%

Fresh Fruit choices- oranges, bananas, sliced apples, melons, blueberries, pears or mixed fruit, Seasonal Fruit

Bread and Pasta- Whole grain options will be used whenever possible.

All cheese- to be unprocessed and low fat.

Whole grain to be included daily whenever possible.

Hydrogenated / Partially hydrogenated vegetable oils are never to be used.

Avoid fried versions of fish sticks, chicken nuggets and fresh fries.

Due to supply chain issues certain food items may need to be substituted.