


# KIDDIE ACADEMY<sup>SM</sup>

## EDUCATIONAL CHILD CARE

Kiddie Academy of Lakewood Ranch

Menu Week of: 5-27-24	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	<b>No School</b>	Biscuits and Gravy Milk	Cereal Milk	Bagel w/ cream cheese Milk	Yogurt w/ strawberry Milk
Lunch		Taco Fries with tomato Fresh Fruit Milk	BBQ Chicken and Mashed Corn Mixed Fruit Milk	Ham and Cheese Sandwich Carrots Peaches Milk	Fish Sticks Green Beans Fresh Fruit Milk
PM Snack	<b>School Closed</b>	Graham Crackers Water	Cheez It Water	Ritz Fruit	Vanilla Wafers Fruit

All Juice is 100 % fruit.

Milk- Fat Free or 2%

Fresh Fruit choices- oranges, bananas, sliced apples, melons, blueberries, pears or mixed fruit, Seasonal Fruit

Bread and Pasta- Whole grain options will be used whenever possible.

All cheese- to be unprocessed and low fat.

Whole grain to be included daily whenever possible.

Hydrogenated / Partially hydrogenated vegetable oils are never to be used.

Avoid fried versions of fish sticks, chicken nuggets and french fries.

Due to supply chain issues certain food items may need to be substituted.